Isolation and Quarantine Guidance

Regardless of Vaccination Status

If you tested positive for COVID-19, you should:

Stay home for 5 days from when you were tested.



Consider the day you were tested as Day 0 of your isolation period.

At home, avoid close contact with others.



If you must be around others, wear a well-fitting mask.

Monitor for symptoms, including fever.



Seek medical care if symptoms worsen.

You can end your isolation when:

- Any respiratory symptoms, such as breathing, congestion, & cough are improving.
- At least 24 hours have passed since your last fever.
- It has been 6 days since you tested positive for COVID-19.

Continue to wear a mask for 5 additional days when around others.

Learn more:

- cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html
- daviscountyutah.gov/health/covid-19

