# Davis/Summit Head Start Policy Council Minutes

November 17, 2020

Meeting called to order via Zoom: 10:00 a.m.

**Welcome:** Fernanda Almeida, Policy Council Chair, welcomed everyone and established a quorum. She excused Brett Lund.

- Fernanda went over Oct PC minutes. Motion to approve made by Diantha Mangelseon, 2<sup>nd</sup> by Amanda Lanier, passed unanimously.
- Diantha Mangelson, PC Vice Chair, went over the Policy Council Budget Motion to approve made by Stacey Smith, 2<sup>nd</sup> by Melina Flake, passed unanimously.
- Paola Reyes went over October Budgets. We are currently 33.33% through our Continuous Grant year. Head Start (7320) is 22.72% spent, and Head Start Training (7318) is 13.78% spent. EHS (7314) is 27% spent, and EHS Training (7315) is 7% spent. In-Kind for Head Start is at 23.46% and EHS is 23.05% received. Cares Act Funding for HS is 35.82% spent and EHS is 12.52% spent.
- Went over the Purchase Card report. Motion to approve budgets made by Diantha Mangelson, 2<sup>nd</sup> by Teresa Fitches, passed unanimously.

## **Community Reps**

- **DSD School Board John Robison/Cheryl Phipps –** Cheryl discussed Covid Closure in the schools. Head Start **IS** included in the Covid numbers. She is the also the State Health Commissioner for the PTA and she wanted to make sure that everyone knows that it is open enrollment for CHIP and Medicaid is open and ends on December 15<sup>th</sup>. More people may qualify for that than in the past.
- **DSD SPED Jen Flagg –** Nothing new to report but they are working with the concerns as quickly as they can. There are still kids receiving services remotely, doing the best they can!
- Davis County Health Dept Terri Sory Health Dept has been mostly just responding to the pandemic, would just like to remind people that they are seeing influenza a lot more, stand alone as well as with Covid, so would really recommend getting a flu shot. WIC is still open, there are safety protocols in place, but it is still open. WIC has cards now, so much easier. 2-1-1 is a great resource hotline to help with food insecurities or different resources that people might need.
- DCLC Amanda James Not a lot new at the Learning Center. Working to support families through the holidays and working on a grant for Family Support for next year.

#### News from the Field:

**Open Doors – Lamont Hampton –** Circles Coordinator for Open Doors. Circles is a 12-week class that turns into a long-term program to help families get out of generational poverty. They do trainings and classes and set people up with allies. The allies help them reach their goals and help them teach. It is long-term program, that once you've reached 200% of poverty you help others. It's an amazing program. They are still holding the classes, just via zoom right now. They just started a new cohort and are accepting new families. They are working with Clearfield to get a bigger building. Families are still thriving and becoming successful, even during the pandemic. Their motto is: "not a hand out, but a hand up", and they are there to coach and help the entire family. If

you know families that are interested – please refer them, this is a rough time for families and kids and they would love to help.

### Teresa Oster gave the director's report

- New Hires: Kendra Toole − HS Teacher @ Odyssey (was TA), Rosa Borja − HS TA @ Odyssey; Stacie Hardy − HS TA @ floater, motion to approve made by Diantha Mangelson, 2<sup>nd</sup> by Amanda Lanier, passed unanimously.
  - Teresa went over the enrollment report. HS Enrollment is at 86%. We are currently serving 38/401 Head Start children on IEP's. EHS Enrollment is at 93%. There are 3/101 Early Head Start children currently on IFSP's. Attendance for EHS Center Based was at 79% and Head Start was at 84%.
- ♣ She went over the USDA Reimbursement for October: Head Start \$318.28 YTD is \$478.60. Early Head Start \$530.37 YTD is \$760.29. Motion to approve Enrollment, Attendance & USDA report made by Stacey Smith, 2<sup>nd</sup> by Jessica Alvey, passed unanimously.
- ♣ Teresa explained about the Self Assessment. The purpose is for people to come in and go through our program and see where we can improve and how we are currently doing and suggestions for improvement. That is in progress right now so if you are participating or planning to, thank you! Thursday at 1:30 if there are any parents that would be available for a Zoom call Thursday at 1:30 Teresa will send out a Zoom Invite and the questions.
- ♣ Teresa discussed the 5 year goals so that everyone knows what the goals are that we are working on for this next 5 year grant period. Some of the objectives may have to be adjusted as we go along, but if you have any suggestions or anything to add, feel free to reach out to Teresa at toster@dsdmail.net.

#### **Business:**

- By-Laws were approved by the PDM Group, would like a motion to approve By-Laws, Bailey Centers made a motion to approve, 2<sup>nd</sup> by Teresa Fitches, passes unanimously.
- Teresa discussed the Resiliency Symposium for this year. It is January 29 from 9 am to noon. It will address Trauma Informed Care. Brett explained that ACES are Adverse Childhood Experiences that may affect you as adults that you may not even realize are creating "trauma" in your life. They are learning how we can better support people so that doesn't affect the rest of your life. There are 3 fabulous speakers. It is virtual for anyone that would like to attend.
- Fernanda Almeida told about the meeting with Roshelle Jones, the Region VIII Program Specialist.
   She was able to discuss the goals of Policy Council for this year in helping our kids move forward.
   They have the EHS Expansion Grant available for next year. We applied for it and requested 40 new center-based slots. We should find out soon if we get that.
- Fernanda explained about IMIL (I Am Moving, I Am Learning) to help our kids stay active and moving. Karen Martin explained that it is a part of our curriculum to help kids, families, staff, etc. stay active and moving and that the families and kids are all on the same page. It just tries to remind people to be physically active and healthy in their lifestyle. There are lots of things you can do at home with your kids. Fernanda said that if we can provide at least 5 portions of fruits/vegetables, less than 2 hours screen time for kids, 1 hours physical activity, 0 sugary drinks we can help our kids!
- Heather Linehan gave just a quick overview of what the Selection entails. We evaluate age, income
  and family needs. We go by our community needs, so ours may not look the same as somewhere in
  Salt Lake or Texas or wherever. We will gather information for several areas and then we will vote
  on Eligibility in January.

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- Brett said that if any families are in need of assistance through Thanksgiving, please reach out to your Family Service Worker. There are resources out there to help.
- Melina asked for suggestions on getting the information to families. Heather said that it is really tough this year. If parents are willing to be in a group, that's a great way to reach them, but we can't give out their information. Teachers can send a video or information out in Remind or Bloom apps if you put a video together.

Motion to adjourn made by Melina Flake, 2<sup>nd</sup> by Teresa Fitches, passed unanimously.