



DAVIS  BEHAVIORAL HEALTH



**EVRYMAN**

Join A Bi Weekly **EVRYMAN** Men's Group

# MASTER YOUR EMOTIONS, TRANSFORM YOUR LIFE

Groups start September with a kickoff event on Sept 2, 2021

**Date:** Every 1<sup>st</sup> & 3<sup>rd</sup> Thursday  
from 7pm–8:30pm

**Location:** Live Strong House  
377 N. Marshall Way, Layton UT 84041

**Registration:** <https://www.dbhutah.org/groups/men/>

\*Groups are free and open to men who reside in Davis County

**As Seen In:**

**Men'sHealth**



**The New York Times**

**MEN'S JOURNAL**