



INSURANCE NEWS

FEBRUARY 2022



Pharmacy Reminders

The new 2022 plan year is well underway and we want to remind you of just a few things.

First, please remember that your prescription drug coverage is with [Navitus](#). They are a separate company from Aetna and SelectHealth, and manage all your prescription drugs.

For convenience, their information is included on the back of your medical ID card. There, your pharmacist will find the numbers and information necessary to fill your prescription.

Additionally, remember that the pharmacy deductible on the Aetna and SelectHealth *traditional plans* resets as of January 1st. This means that you will first need to meet the \$100 pharmacy deductible per person on prescriptions before that person's benefit begins. However, if you are filling generic Tier 1 prescriptions, the deductible does not apply.



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[Insurance Webpage](#)

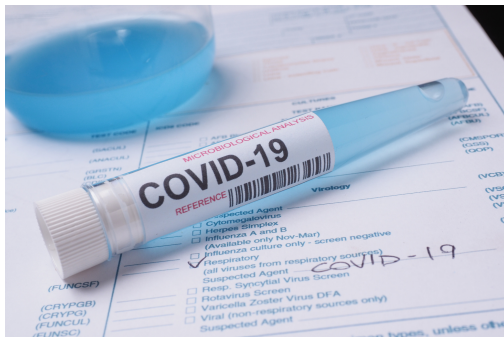
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Member ID Cards

You should have received your new Aetna or SelectHealth member ID card in December. If for some reason you do not have one, please contact the appropriate carrier to request additional cards. You can find all insurance company contact information on our [Insurance website](#) under "Company Contact & Group Number Information".

For instant access to your ID cards, each carrier offers their own personal app. Once you create a login, your digital ID card is available within the app for immediate use. If a member ID number is required to create a login, please call the carrier directly to get your ID number.



At-Home Covid Tests

At-home COVID tests are now covered under your pharmacy benefit through Navitus. Members are covered at up to \$12 per test with a quantity limit of 8 tests per covered member per month.

Tests purchased through a pharmacy will enjoy the benefit at the time of sale. For tests purchased at a non-pharmacy counter, you will need to submit a claim for reimbursement. Reimbursement forms can be found on our Insurance webpage under [Navitus COVID Test Reimbursement Form](#).



Virtual Visits

When you or a family member feel sick or are injured, you may not need to leave home to get the care you need. You may be able to grab your smartphone or computer and talk with a doctor within minutes instead of scheduling an appointment at your doctor's office or visiting an urgent care facility. Employees enrolled in one of the District's Aetna plans have access to *Teladoc*, while those enrolled in one of the SelectHealth plans have access to *Connect Care*.

Through both [Teladoc](#) and [Connect Care](#), you can set up virtual appointments 24/7 with one of their U.S. board certified and licensed healthcare providers to be diagnosed, treated, and prescribed medication if necessary. These services don't replace your primary care doctor, but can be used when it's not convenient to get to your doctor, or it's outside of regular office hours.

Beginning January 1, 2022, employees on the traditional health plans will have zero copayment when using Teladoc or Connect Care. Employees on the high deductible plans will save approximately 50% or more on each Teladoc or Connect Care visit when compared to a regular office visit. Once your deductible has been met, then these visits would be covered at a zero dollar coinsurance. This is a significant savings for all plan members in comparison to a regular office visit.

In order to take advantage of this convenient option and start saving, you'll need to register with *Teladoc* or *Connect Care*, depending on which healthcare coverage you have. So start saving today!