

# INSURANCE NEWS

#### **SEPTEMBER 2022**



# New to Davis?

The start of the school year brings many new employees to the Davis team. If you are new this year in a benefits eligible position (30+ hours a week), please remember to complete your insurance enrollment. Eligible employees with an August hire date will be eligible for insurance benefits beginning October 1st. Completing the enrollment process prior to October will help you avoid delays in coverage and potential double premiums from one paycheck.

Take a moment to review the <u>2022 Benefits</u> <u>Overview</u> and to complete your <u>enrollment form</u>. All sections on the form must be completed – even if declining certain coverages. For convenience, please return the form to insurance@dsdmail.net. You may contact the Insurance Department if you have questions regarding your eligibility date or other insurance related issues.

Additionally, take note of discounted monthly premiums available on your health insurance. Your monthly health premiums can be reduced for the 2023 plan year if you meet certain wellness criteria and deadlines. To get started and for more information, please visit the <u>District's Wellness page</u>.

#### WHAT'S INSIDE

- Insurance Enrollment for New Hires and Position Changes
- Save the Date for 2023 Open Enrollment
- Employee Assistance Program
- Flu Shot Information



Insurance@dsdmail.net Insurance Webpage 801-402-5200



## **Open Enrollment Dates**

Open Enrollment for the 2023 plan year will be October 31st – November 18th. This is your chance to change, add, or delete coverages and dependents for the 2023 plan year. Even if you are not making plan changes, please log in during Open Enrollment to verify your personal information for you and all your dependents. The Open Enrollment system will open on October 31st through Encore and can be completed from anywhere.

Although we will not be conducting in-person Open Enrollment meetings, an Insurance Office representative will be available for virtual visits via Teams for you and your family. Please watch for further information to schedule an appointment.

Additionally, please remember that enrollment in your Flexible Spending Plan is not automatic. You MUST reenroll each year in order to participate.

While we have your attention, remember to complete your Wellsteps points by **November 30th** to receive a health insurance premium discount for the 2023 plan year. If you have questions, please visit the <u>District's Wellness page</u>.

Please watch for more detailed Open Enrollment information coming later this fall.

# Intermountain Employee Assistance Program

Starting a new school year can bring anxiety, stress, and additional life pressures for you and your loved ones. We want to remind you that Davis has partnered with Intermountain Employee Assistance Program (EAP) to offer free counseling services to you and your eligible family members to help you thrive amongst the many life challenges you face.

Their website, <u>Intermountain EAP</u>, is a valuable tool with information on how to schedule appointments and to review their current staff who are waiting to serve you.

This service is completely confidential and free. 24/7 crisis services with a licensed mental health professional are also available at 800-832-7733.



### Flu Shots

Community Nursing Services is providing flu shot clinics at schools throughout the District. These shots are available to both children and adults and are offered at no cost to employees and dependents covered on the District Aetna and SelectHealth insurance plans. For more information, including dates and times, click on the link below.