**Sample Lesson Plan (week of Sept. 3rd-7th)**

**Warm-up:** 2 person jog and walk. (Student jogs around the perimeter until they tag their partner who is walking, and then they switch roles.

**Activity:** Triple Pin Soccer

**Skill Development:** Frenzy (students gently kick a ball, leave it, and find a new ball to kick. Students keep the balls rolling at all times.) 3-6 minutes

**Culminating Activity:** Set-up the pins beforehand and briefly explain the rules and procedures to the students.

**Equipment:** Eight cones, twelve pins, pinnies and 2-4 soccer balls.

**(Modifications)**

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| **K-2** | Have them chase you for a lap or two until they get the hang of it. (warm-up)  Have them perform the skill development (Frenzy) for a longer period for skill acquisition.  Use larger balls for the skill development. (Frenzy)  Use a larger ball for Triple Pin Soccer. |
| **3-4** | Monitor the warm-up to make sure they get the hang of it.  Introduce additional balls as they grasp the idea behind the activity. |
| **5-6** | Monitor the warm-up to ensure proper behavior, no pushing/shoving.  Introduce various sized balls as they grasp the idea behind the activity. |

**Closure:** Where is your instep?

What does a toe kick accomplish?

What does an instep kick accomplish?