Teaching Children About Human Sexuality

Reasons For Teaching Children About Sexuality

• To provide understanding of the body and the personal body responsibilities that go along with this.

• To identify marriage fertility and related bodily functions to conception and pregnancy.
Why else do we teach our children about human sexuality?

• To improve their self-concept, self-understanding, and self-respect.

• To obtain correct bodily facts of anatomy and physiology.

• To understand and accept sexuality and bodily functions that will occur later in life.
Why else do we teach our children about human sexuality?

To clarify values and morals
Use Correct terms

- To teach the correct terms of the body parts and become familiar and comfortable with them.
  - Not using code words, slang, or implicit messages that create confusion.
• To improve communication between the parent and the child.

• To recognize destructive elements in relationships including using sex as a bargaining tool.
  - Movie, TV, music, clothing, advertisements, language, and peer pressure.
“HOME DELIVERY!” and due to a power outage, only one paramedic responded to the call. The house was very dark so the paramedic asked Kathleen, a 3-yr old girl to hold a flashlight high over her mommy so he could See while he helped deliver the baby... Very diligently, Kathleen did as she was asked. Heidi pushed And pushed and after a little while, Connor was born. The paramedic lifted him by his little feet and spanked him on his bottom. Connor began to cry. The paramedic then thanked Kathleen for her help and asked the wide-eyed 3-yr old what she thought about what she had just witnessed.. Kathleen quickly responded, 'He shouldn't have crawled in there in the first place.....smack his butt again!'
Why else do we teach our children about human sexuality?

• To avoid STI’s (STD) which are spreading rapidly.

• To define, identify, and avoid destructive elements like sexual harassment, sexual abuse, and rape. To understand how they occur and what to do if they happen.
Guidelines For Teaching Children About Sexuality

1. Begin teaching when children start asking questions.
   - If the child has not asked a few questions by the time they are 5 years old, look for opportunities to talk to them about sexuality.
2. Always tell the truth

A mom tried to explain the facts of life to her young children in a way that they could understand. When she was expecting her third child, she told her toddler and 5 year old that Daddy had planted a seed inside her and a baby grew from that see. Quite puzzled, the 5 year old asked, “Was my face on that packet of seeds?”
My 2 daughters were having a discussion about family resemblance. “I look like Mom, “ said my nine year old, “but I have Dad’s eyes and Dad’s lips.”

The six year old said, “I look just like Dad, but I have light hair.”

Then she turned to her Mom and asked, ‘What does Dad have to do with us being born anyway?’

Her older sister jumped right in and said, “Don’t be stupid, Christina. Dad is the one who drove Mom to the hospital.”
5. Explain your moral standpoint as part of every discussion.
   - Let children share their ideas, opinions, and give input

6. Always leave the door open for more discussion later.
   - “Do you have any more questions? If you ever do, just ask.”
7. Remember that children are naturally curious about physical differences.
   
   o a. Answer questions in a calm, matter of fact way.
   o b. Explain about modesty and manners.
   o c. Do not jump to conclusions.